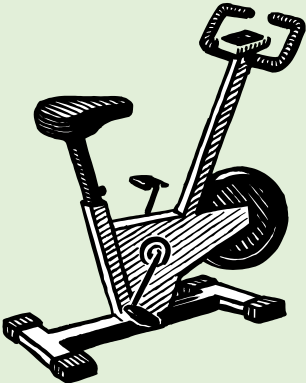


EXERCISE & SPORTS

- How can you talk about different kinds of exercise and sports? Study the reference chart below.

DO	GO	PLAY
● do aerobics ● do exercise ● do push-ups ● do sit-ups ● do a warm-up ● do yoga 	 ● go bowling ● go camping ● go cycling ● go dancing ● go fishing ● go golfing ● go hiking ● go ice-skating ● go jogging ● go roller-skating ● go running ● go scuba diving ● go snow boarding ● go surfing ● go swimming	● play badminton ● play baseball ● play basketball ● play football ● play golf* ● play hockey ● play ping pong ● play soccer ● play squash ● play tennis ● play volleyball 

NOTE 1: *do* is generally used for different kinds of exercises to strengthen your body.

NOTE 2: *go* is generally used for activities that you can do alone or with others.

NOTE 3: *play* is generally used for competitive team sports (both 'go golfing' and 'play golf' are correct).